



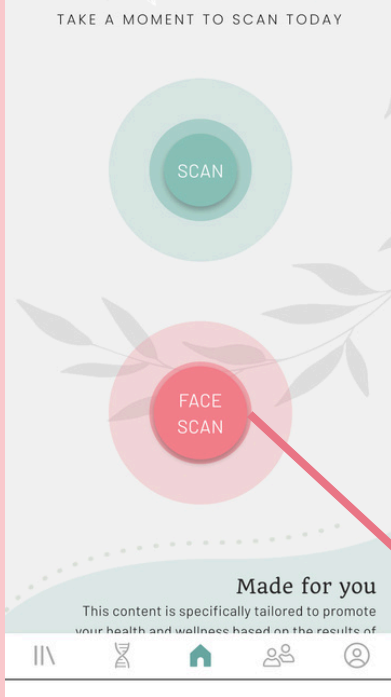
How to Use iTOVi Face Scan

Step One

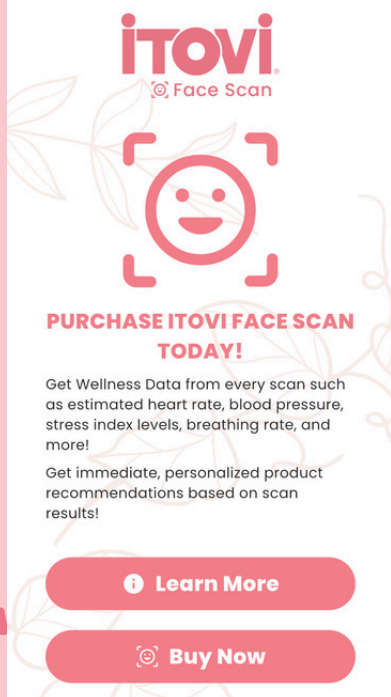
Sign up for iTOVi Face Scan

New to iTOVi?
Download the iTOVi App, select Purchase iTOVi Face Scan today

Already signed up for Face Scan?
Skip to Step Two

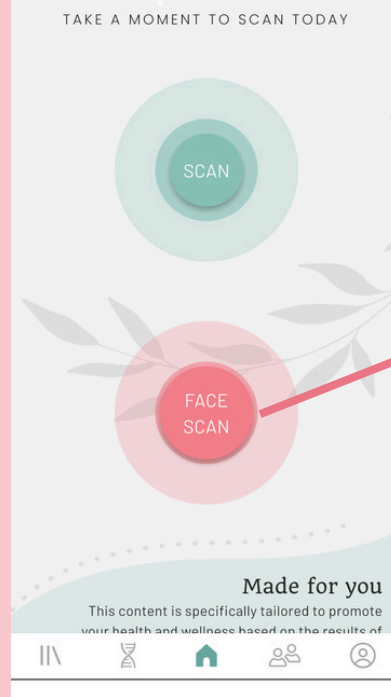


Click on Buy Now to add a Face Scan subscription to a new or an existing iTOVi account

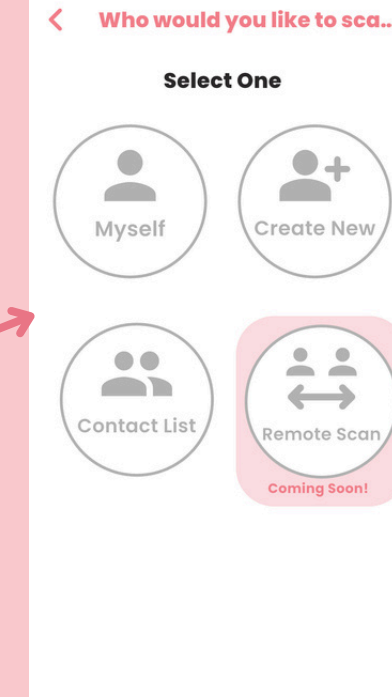


Step Two

Open Face Scan



Select who you would like to scan or create a new client to scan

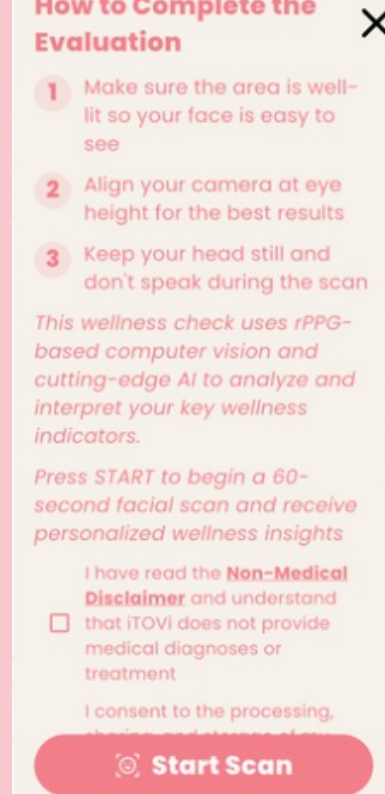


Step Three

Consent to Scan

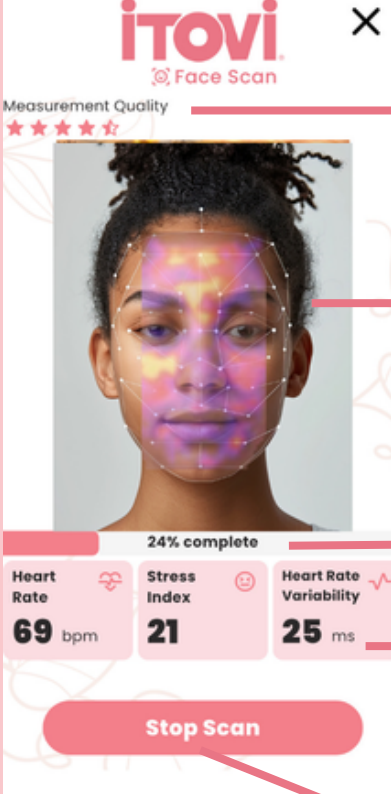
Read through the Non-Medical Disclaimer and the Information Sharing Disclaimer to understand that the iTOVi Face Scan is not a medical device and is not making diagnoses or recommending treatment for any medical condition and to understand how iTOVi processes, stores, and shares your data that is derived from your scan. Check both boxes if you consent and then you will be able to start the scan by clicking on the Start Scan button.

The scan will start immediately after pressing Start Scan



Step Four

Start Scan



During the scan you will see the Measurement Quality shown in stars in the top left corner- the more stars the better. If you are too close or too far away from the camera you will see dialogue instructing you to move into a better position

As the scan progresses you will see a pulsating thermal map display on your face as it scans for your wellness metrics

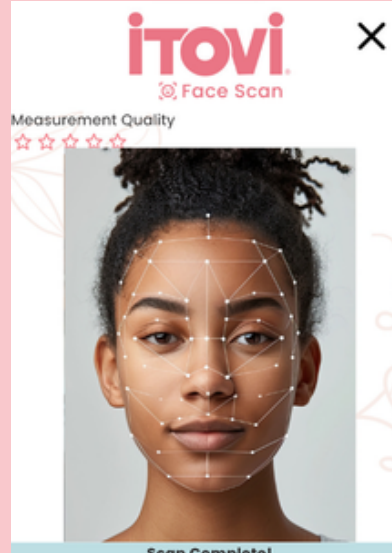
The progress bar shows how far along in the scan you are

After a few seconds, live metrics for Heart Rate, Stress Index, and Heart Rate Variability will populate for the duration of the scan

You may stop the scan at any time before it completes

Step Five

Scan Complete



Click View Report to see your Wellness and Product Reports

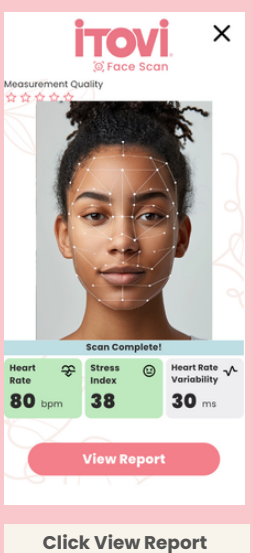


How to Read the iTOVi Face Scan Reports

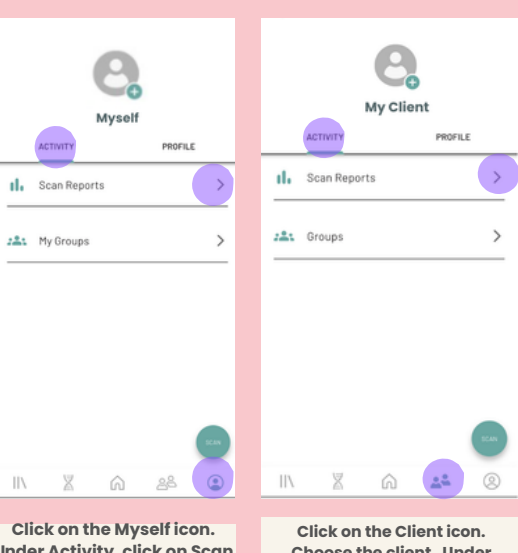
iTOVi Face Scan features two reports to guide your Wellness journey!

- Wellness Report
- Product Report

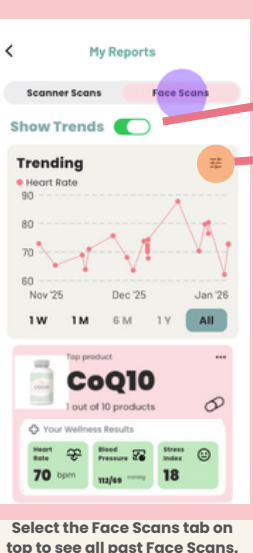
Accessing your Face Scan Reports



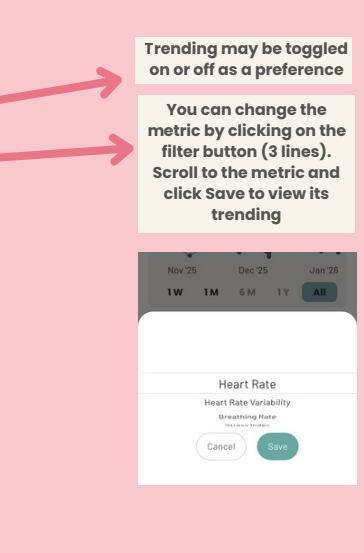
Click View Report immediately after a scan



Click on the Myself icon. Under Activity, click on Scan Reports

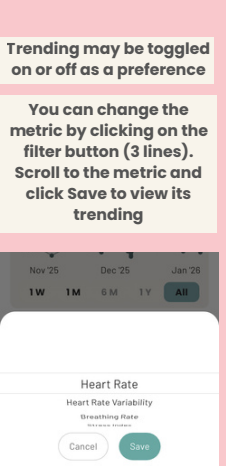
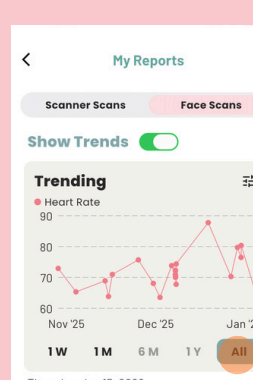


Click on the Client icon. Under Activity, click on Scan Reports



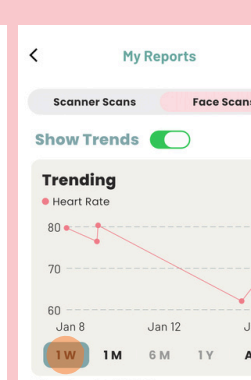
Select the Face Scans tab on top to see all past Face Scans. Click on a Face Scan to open it

Trending Options



Trending may be toggled on or off as a preference

You can change the metric by clicking on the filter button (3 lines). Scroll to the metric and click Save to view its trending



Change Trending timeframes by clicking on the bottom tabs (1 week, 1 month, 6 months, 1 year, or All)

Wellness Report

7 Primary Metrics
Derived directly from your face scan. Click on each metric to learn more

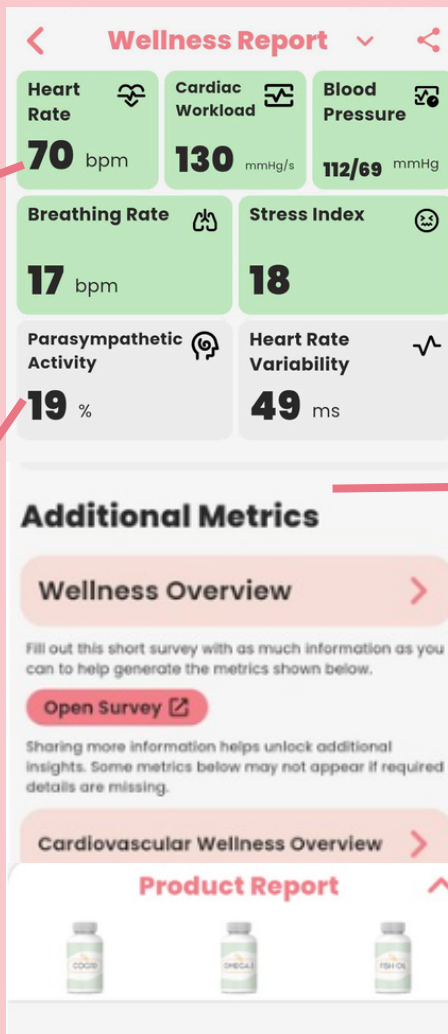
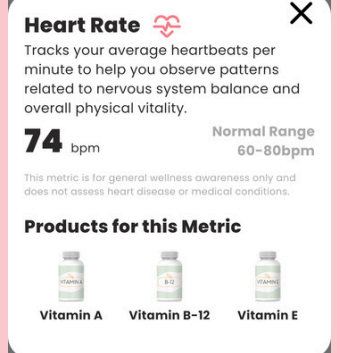
Note: Occasionally, certain metrics may not appear. This can happen when scan quality or data availability is not optimal. iTOVi Face Scan does not provide medical diagnoses or clinical assessments. If you have any health concerns, symptoms, or believe you may be experiencing a medical emergency, seek advice from a qualified healthcare professional immediately.

The 5 metrics in the top two rows show your estimated metric on the left, the Normal Range is shown on the right.

Along the bottom are products personalized for you for these metrics. You can click each product in this section to open the product page and learn more about it.

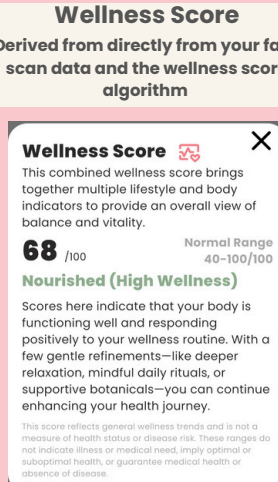
Parasympathetic Activity and Heart Rate Variability show their readings on the left, there is no 'normal' for these metrics as they can vary widely person to person with considerations with age, gender, and factors unique to a given person. Observing trends over time and correlating patterns to changes in your life is the best way to learn what level is ideal for you.

Due to the natural variations person to person no product recommendations are given for these metrics.



Additional Metrics

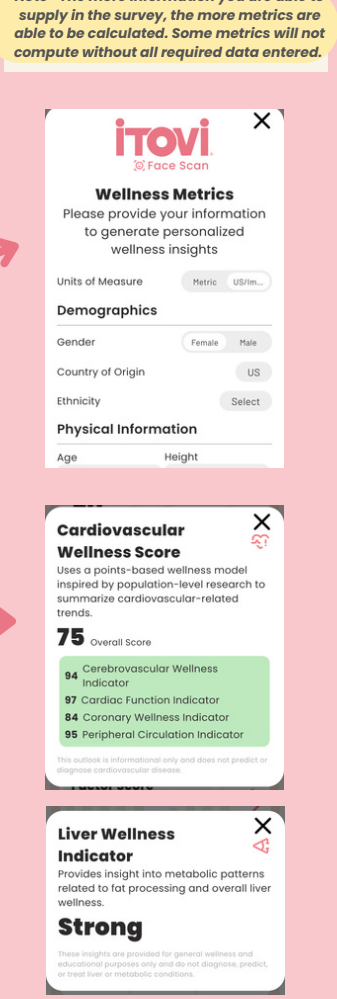
These metrics are derived primarily from user supplied data entered into the survey. Scores and indicators are calculated by iTOVi's Wellness Algorithms to give you additional wellness insights. Open each subsection to view the individual categories. Click Open Survey to enter more information.



The Survey

Adding more information allows deeper insights to appear across the four lower sections and their subcategories. You can return to the survey at any time to update your responses.

Note: The more information you are able to supply in the survey, the more metrics are able to be calculated. Some metrics will not compute without all required data entered.



Additional Metric Scoring

Two systems of scoring are used.

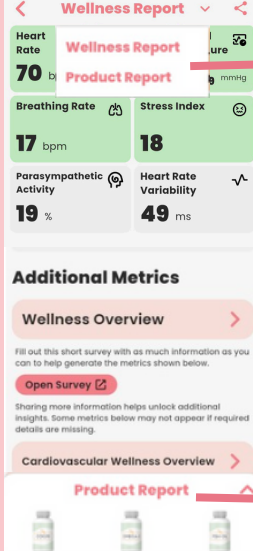
- Scaled Scoring of 0-100
- Alignments of Low, Moderate, or Strong

Overall scores are weighted composites of the subscores.

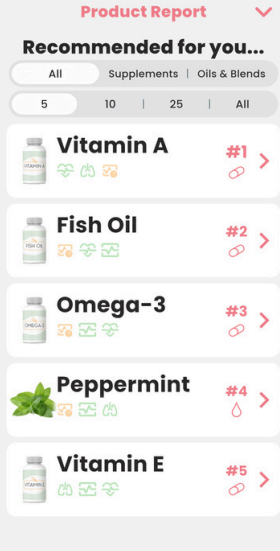


How to Read the iTOVi Face Scan Reports

Accessing the Product Report

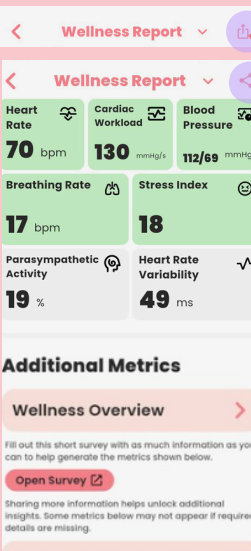


You can click on the top menu drop down to access each report. Click on the report you would like to open

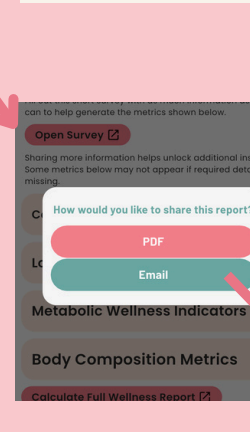


You can click on the bottom preview window to open the Product Report

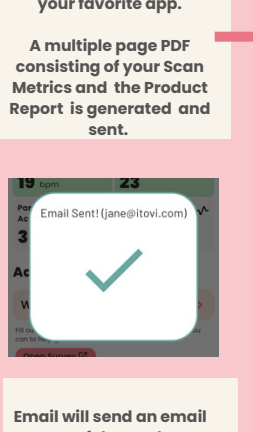
Sharing Your Reports



Click on the Share symbol at the top of the report. A window opens to choose PDF or email.



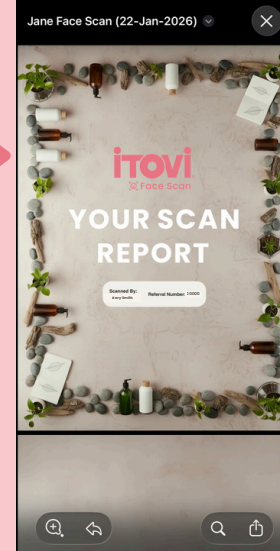
PDF will open your phone's sharing options to share via text, email, or your favorite app.



A multiple page PDF consisting of your Scan Metrics and the Product Report is generated and sent.



Email will send an email copy of the Product Report to the email address of the person scanned. This email is also sent upon the completion of a Face Scan.



Note: This PDF contains personal wellness information generated at your request. Once downloaded or shared, you are responsible for protecting this file. Some sharing methods (such as email or messaging apps) may not be encrypted.

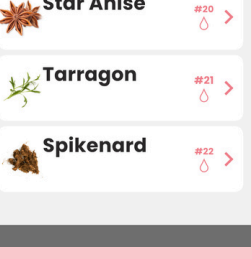
Filtering Your Reports

You can filter your reports to show by product type and by number of products. Click the top tabs to change your options

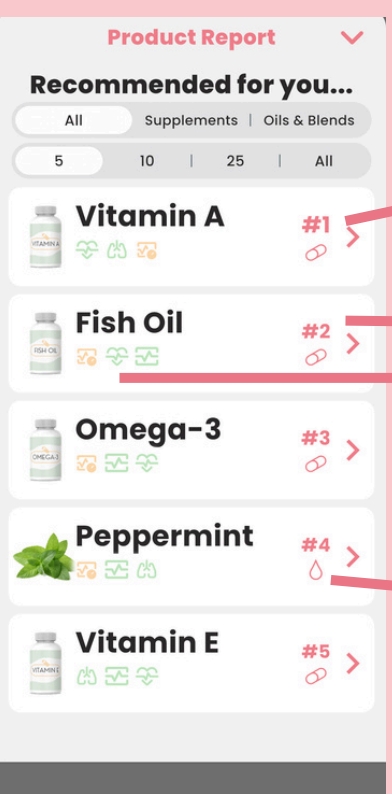
Default shows 5 Product Types and All Product Types

Change Product Type

Change # of products



Product Report

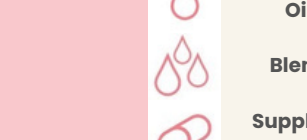


Ranking #'s The higher the rank, the more correlated to your weighted wellness metrics the product is. #1 being the highest

Clicking on a product will open the Product Insights page to display more information for the product

The icons of the 3 most correlated metrics for this product will be listed below the product name. These icons match the ones found on your 5 primary metric cards

Product Type Symbols

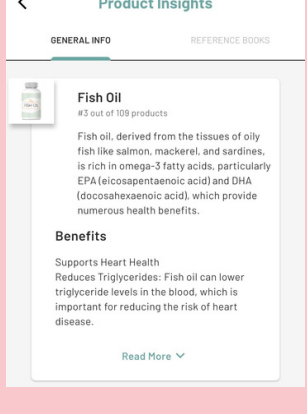


Oils

Blends

Supplements

Reading your Product Report



Fish Oil

Fish oil, derived from the tissues of oily fish like salmon, mackerel, and sardines, is rich in omega-3 fatty acids, particularly EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid), which provide numerous health benefits.

Supports Heart Health

Reduces Triglycerides

Improves blood flow