	FUNCTION	EMOTIONS	BODY SYSTEMS	ENDOCRINE	BALANCED	UNBALANCED	TOP OILS
CROWN	Knowledge, consciousness, fulfillment, spirituality, enlightenment, purpose, awareness	Enlightenment Inspiration Peace Joy	Brain Skin & Hair Nervous	PINEAL Makes/releases melatonin	Oneness, full awareness, understanding, strong faith, spiritual connection	Loneliness, lack of purpose, weak faith, depression, detached from divine	LAVENDER MYRRH SPIKENARD FRANKINCENSE
THIRD	Intuition, lucidity, meditation, trust, self awareness, focus, imagination, foresight	Trust Clarity Focus Awareness	Brain Immune Nervous	PITUITARY Hormone regulator	Intuitive, imaginative, clear thoughts, clear vision, clairvoyant, vivid dreams	Fearful, delusional, brain fog, disorder, anxiety, tension	SANDALWOOD BERGAMOT PATCHOULI VETIVER BLUE LOTUS
THROAT	Communication, expression, creativity, authenticity, listening	Clarity Empowered	Structural Respiratory	THYROID Governs metabolism	Honest, sincere, outspoken, attentive, integrity, intuition	Fear of speaking, shy, social anxiety, secretive, critical, judgmental, dominating, over analyze	EUCALYPTUS CLOVE TEA TREE PEPPERMINT SPEARMENT
HEART	Acceptance, love, compassion, sincerity, empathy, forgiveness, unity, kindness	Acceptance Love	Cardiovascular Respiratory Immune Structural	THYMUS Immune response	Full of love, compassionate, accepting, kinda, peaceful, passionate	Over attached, needy, helpless, exhausted, fake, can't let go	ROSE NEROLI JASMINE LAVENDER YLANG YLANG
SOLAR PLEXUS	Strength, personality, power, determination, self esteem, ego	Empowered Energy Awareness	Digestive Structural Nervous	PANCREAS Insulin/glucagon	Empowered, confident, motivated, determined, collaborative, decisive	Conformative, angry, loss of energy and drive, manipulative, egotistical	LEMON GRAPEFRUIT GINGER PEPPERMINT
SACRAL	Sensuality, sexuality, pleasure, sociability, creative, emotions, relationships	Love Energy	Digestive Urinary Structural	REPRODUCTIVE Sex hormones	Content, uninhibited, intimate, joyful vibrancy, creative	Addictive behavior, drama, lack of desire, seek attention, resentment, guilt, dissatisfied	YLANG YLANG CLARY SAGE ORANGE TANGERINE
BOOT	Stability, comfort, safety, security, life force, grounding, survival	Safe Secure Comfort Console	Digestive Immune Structural Nervous	ADRENAL Manages bodily processes	Grounded, energetic, healthy, safe, secure, fearless, calm, centered	Anxious, depressed, lethargic, unhealthy, disconnected, insecure, unsafe, pessimistic, overwhelmed, annoyed, attached to food	VETIVER LAVENDER SANDALWOOD PATCHOULI FRANKINCENSE